



AQ 5003 - 8888 UNIVERSITY DRIVE  
SIMON FRASER UNIVERSITY  
BURNABY BC, V5A 1S6

Menihek High School  
613 Lakeside Drive  
Labrador City, NL A2V 2W9

Dear Principal, Counselors, and Teachers,

Valued at \$28,000 The Terry Fox Humanitarian Award is one of Canada's most established and prestigious awards.

**We ask that you help us with two things:**

1. **Display** our poster in a prominent area
2. **Identify and solicit applications** from the most suitable candidates – the type of student who is of interest to us may be too humble to see themselves as deserving.

The Award is highly competitive, and we consider the most suitable candidates to be those who demonstrate the ideals of Terry Fox - **true humanitarians**, individuals who are **compassionate** and **altruistic** in their intention to improve the lives of others and human welfare overall.

Terry Fox Scholars are **'doers'** with the ability to **inspire** and make a **positive impact** on the lives of others.

In making our selection, we seriously consider the extent to which candidates have experienced and overcome what others might consider an **insurmountable obstacle**, yet are determined and **dedicated** to helping others.

While Terry's obstacle was a physical one, we consider any circumstance that requires a **demonstration of courage** and **fortitude**. Indeed, a myriad of obstacles exist. **Tenacity in the face of adversity** is of the utmost importance to us.

Although our Selection Committee will look for marks of distinction with regard to the persistent pursuit of excellence in academic, athletic, and civic life; these are not factors we weigh as heavily as **humanitarianism**.

The Terry Fox Humanitarian Award is interested in students who demonstrate **compassion** and a **keen commitment** to **easing the suffering of others**, especially those who address critical needs in society.

School administrators, teachers, and the members of the wider community play an important role in recognizing those students who stand out above the rest. Please encourage them to apply as such students are often hesitant – and may not have support systems – to come forward otherwise.

Our online application system, and further eligibility criteria, can be found on our website, [www.terryfoxawards.ca](http://www.terryfoxawards.ca). Feel free to contact our office at: (778)-782-3057 or email us at [info@terryfoxawards.ca](mailto:info@terryfoxawards.ca).

Sincerely,

Paulina Chow-White  
Executive Director